Loma Linda Fishless Tuno

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1 convince per container									

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1 can (142g) Serving size

Amount Per Serving

Calories

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0a 0%

Trans Fat 0a

0%

Cholesterol 0mg

Sodium 470ma 20%

Total Carbohydrate 5a

2%

14%

Dietary Fiber 4q

Total Sugars 0g

0%

Includes 0g Added Sugars

32%

Protein 16g

Vitamin D 0mca 0%

Calcium 78mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a

day is used for general nutrition advice.

15%

10%

Iron 2.7ma

Potassium 470mg